Dear all,

To ensure a high-quality and diverse scientific programme, symposium proposals for the Nordic Sleep Conference 2026 will be solicited both from within the Scientific Committee and from the wider sleep research and clinical community.

All proposals will be coordinated through the five thematic working groups:
• Neurology
• Insomnia
• Circadian / Chronobiology
• Respiratory Sleep Disorders
• Pediatric Sleep

**Process**
• Each working group may either (a) develop and propose a symposium themselves, based on their internal discussions, or (b) prioritise among proposals received from the open call.
• Proposals may be submitted by any interested party (committee members or external colleagues) but must be sent to the relevant working group contact person.
• Each working group will review, prioritise, and forward their top proposal(s) to the Scientific Committee Board for coordination and final selection.
• Only one additional symposium slot per group is available.
• Proposals that bridge multiple topic areas may be considered for a cross-cutting “wild card” symposium slot, to be evaluated by the full Scientific Committee.

**Expression of Interest (optional)**
To encourage participation, proposers may first submit a brief outline (3–4 sentences) describing the idea, its relevance, and potential speakers. The working group can then advise whether to proceed with a full proposal.

**Deadlines**
• Proposals to group contact person: Monday, 13 October 2025
• Group recommendation to formand@dssm.dk: Monday, 20 October 2025

**Proposal requirements**
• Title and short description (max 250 words)
• Proposed speakers and affiliations (max 4–5 speakers)
• Session chair(s) (must include at least one from a different institution or country than the lead proposer)
• Diversity across institutions, disciplines, and countries should be prioritised

**Selection criteria**
Proposals will be evaluated on:

1. Scientific quality and relevance to conference themes
2. Diversity (discipline, geography, career stage, gender)
3. Originality and timeliness of topic
4. Avoidance of thematic overlap with existing sessions

Acceptance is not guaranteed; overlapping topics may be merged or revised in scope.

Best regards,

Tina Lildal, MD, PhD
President, Danish Society for Sleep Medicine
Organizer, Nordic Sleep Conference 2026
Tel: +45 3082 0818
Email: formand@dssm.dk