

Helsinki, 20 August 2021

Dear Dr. Kecklund/Baanrup/Erna Sif Arnardottir/Engstöm,

We will arrange a web-based course in sleep medicine starting in September 2021 and lasting for 2 years. Please, find the program attached.

This effort has been discussed many times between the members of Nordic societies, but so far without action on the topic. We recognize the growing need to educate health care professionals in Finland, and probably also in other Nordic countries. With this in mind we planned a web-based course, combining the basic sleep physiology and clinical sleep medicine. The two partners in this endeavor are The Sleepwell sleep research program at University of Helsinki, led by professor Tiina Paunio, and Sleep and Breathing Centre at the Turku University Hospital, led by professor Tarja Saaresranta.

We invite participants from also other Nordic countries to join us. For that end, we hope that you will introduce the course information on your society's web page.

Thank you for your support in this project.

Tarja Saaresranta

Sleep and Breathing Centre
Turku University Hospital

Tiina Paunio

Sleepwell Research Program
University of Helsinki